



For better  
mental health

#### Mind in Manchester Limited

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## Board Member Person Specification

### Personal Values

- 1) Commitment to helping people improve their mental health.
- 2) Commitment to promoting Mind in Manchester's vision, ethics and values, particularly with respect to tackling discrimination and prejudice in relation to mental health.

### Personal Circumstances

- 3) Must live or work in Manchester or the surrounding area.
- 4) Must be able to attend at least one two-hour meeting each month.

### Experience

- 5) Direct or indirect experience of mental illness or mental distress.
- 6) Experience of, or ability to develop, the skills required for managing a small or medium sized organisation, such as change management, balancing priorities, strategic planning, recruiting and managing staff, financial management or oversight, implementing policies, procedures and quality standards.

### Skills

- 7) Ability to work constructively with other committee members and stakeholders to agree shared aims and to be accountable for fulfilling these aims.
- 8) Ability to influence people and events through successful communication, negotiation, networking and interpersonal skills.
- 9) Ability to recognise roles, responsibilities and boundaries of board members, staff, volunteers, beneficiaries and partner organisations.
- 10) Ability to contribute to decision making and generally be a good ambassador for the organisation.